Wellbeing of the Managers

Question in the current discussions
Not very much referred in organizations
Forms the grounding for the success of any organization
Main concerns

• Managers have just ”survived” or are still coping partly with Covid-19
  • Not all employees are feeling good with the new normal

• Many employees are worried due to the war in Ukraine
  • possible outages in the power (electricity) delivery

• Very quick changes to be implied in...
  • digitalization
  • green transition
  • modelling of the new LLL concept with Micro Credentials and more flexible learning pathways for students
  • quick up-raising of teacher’s skills, etc.
Now we concentrate on YOU in your duty as a manager/director

• How do you feel today?
• How do you think the whole organization, you run, feels today
  • read, the individuals in the organization
• To shed some light or framework to analyze your situation through, we introduce the Two-Dimensional View of Well-Being constructed by Peter Warr (1999)
  • There are some copies available
Analyse how you wellbeig has changed according to these dimensions
Pleasure and arousal

Discuss your findings concerning
- you
- your organization in your group